



सांविधानिक तथा संसदीय अध्ययन संस्थान
Institute of Constitutional and Parliamentary Studies
18-21, Vithalbhai Patel House, Rafi Marg, New Delhi-110001

**APPLICATIONS INVITED FOR 'ON-LINE'
WORKSHOP ON "PSYCHOLOGICAL WELL-BEING"**

Workshop Details & Schedule

Day & Date	8 th July 2023 (Saturday)
Duration	3 Hours (10:00 am to 1:00 pm)
Sessions, Themes and Resource Persons	Session-1: Introduction to Psychological Well-Being <u>Resource Person:</u> Dr. Komal Prasad, Senior Consultant Neurosurgeon, Narayan Institute of Neurosciences OR Dr Mohan Parasain, Joint Director, Lok Sabha Secretariat Parliament of India
	Session-2: Strategies for Improving Psychological Well-Being <u>Resource Person:</u> Dr. Rakesh Kumar Chadda, Professor & Head Department of Psychiatry, and Chief, National Drug Dependence Treatment Centre All India Institute of Medical Sciences AIIMS Delhi
	Session-3: Happiness and Seeking Professional Help <u>Resource Person:</u> Shri Mahesh Kumar Bajaj, Founder, Science of Happiness
Last Date For Applying	25 th June 2023 (Sunday)
Who Can Register	(1) Officers of Lok Sabha & Rajya Sabha Secretariat/ State Legislatures/ Various Ministries/ Embassies in India (2) Students from Schools & Colleges
How to Apply	Fill out the Google Form available at: https://docs.google.com/forms/d/e/1FAIpQLScd9fijUivAhHhs2StqhtRfByYOKx5WioF2BgqfbvdU7jzgVQ/viewform?usp=sf_link
Course Fee	No fee to be charged

NOTE:

For queries, if any, dial 011-23035666/ 23716038

- Director-General